

Shakti / Qualifications, training and experiences

- 1 and 2 Degrees of Angelic Reiki 2010
- 10 Day Silent Retreat Vipassana Dhamma Dipa, Herefordshire 2011
- The Healing Trust Training and Volunteering 2012 - 2013
- Indian Head Massage Diploma 2013
- Theta Healing Basic DNA 2013
- 10 Day Group Trip up the Nile, Egypt 2014
- Munay Ki Practitioner Certificate 2014
- Diamond Inguz LIGHT HEALING 2014
- Opalescence LIGHT HEALING 2015
- Veriditas Labyrinth Facilitator Training 2015
- Rahanni Celestial Healing 2015
- Attending Sweat and Healing Lodge 2015 on going
- Participated in Enfield Well-being Show Case 2016
- Family Constellations and the Chakras 2016
- Healing The Mind - Havening Techniques Training 2016
- Channelling for Life Workshop 2016
- 10 Day Retreat in India Mt. Abu hosted by Braham Kumaris 2016
- Kabbalah and Zohar Sacred Teachings 1 to 5 Levels 2017
- Chakra Psychology - exploring consciousness and human growth 2017
- Shamanic Training - Call of The Shaman 2016 / 2018
- Camino Santiago (6 days walking 178km) 2018
- Crystal Energy Healing Diploma 2018
- Red Tent Facilitator Sacred Circle for Women 2018 on going
- Soul Midwives Introductory Day 2018
- Priestess Training Programme: Initiated into the Order of the White Rose by Mary Magdalene 2018
- Compassionate Neighbour with North London Hospice 2019 on going
- Gestalt Diploma 1 year training 2018 - 2019
- Introduced to Satria Yoga Practice 2019
- Initiated into the energy of LaHoChi Energy Healing 2020
- Cacao and Kambo experiences 2018 to 2020
- Dowsing at Sacred Sites Avebury 2020
- Event planning to Sacred Sites (Group of 10) 2020
- Sweat and Healing Lodge Assistant 2021
- Initiated into the energy of Jyorei Energy Healing, Shuemi Centre UK 2021
- Expansion of Psychic Abilities Module 2 (8 wks) 2021
- Weekly Trance Meditations exploring consciousness and psychic abilities 2021